

Race Date
June 15, 2013

Ideal Beach Triathlon
Short Sprint Triathlon

Female Overall Winners

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2	----- Run -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Nevenka Schumacher	112	38	2	4:59.0	55:22	0:58.1	1	27:37.3	3:15	0:47.6	2	9:39.2	9:39	44:01.3
2	6	Birgit Bulling Sommer	39	51	3	6:06.0	67:47	2:42.6	2	27:47.8	3:16	0:37.4	1	9:20.6	9:20	46:34.6
3	8	Kelly McDonough	83	25	1	3:30.2	38:53	1:37.7	3	29:40.8	3:29	0:24.9	3	11:45.2	11:45	46:58.9

Race Date
June 15, 2013

Ideal Beach Triathlon
Short Sprint Triathlon

Female 14 and under

Place		Name	Bib No	Age	Swim		Trans 1	Bike		Trans 2	Run		Total			
Overall	Rnk				Time	Pace		Rnk	Time		Pace	Rnk		Time	Pace	
1	34	Karley Morris	93	13	1	4:42.6	52:13	1:53.2	2	38:51.0	4:34	1:02.6	2	9:58.5	9:58	56:28.1
2	44	Kiley Flanagan	64	10	2	6:13.3	69:04	2:27.3	3	46:45.3	5:30	1:11.2	3	12:39.7	12:39	1:09:16.9
DQ	DQ	Carolyn Donovan	58	13	DQ	4:42.4	52:13	1:54.3	1	38:48.7	4:34	1:04.0	1	9:33.6	9:33	56:03.2

Female 15 to 19

Place		Name	Bib No	Age	Swim		Trans 1	Bike		Trans 2	Run		Total			
Overall	Rnk				Time	Pace		Rnk	Time		Pace	Rnk		Time	Pace	
1	14	Michaela Kapala	77	19	2	5:46.1	64:04	1:18.3	1	31:36.8	3:43	0:17.5	1	10:00.2	10:00	48:59.1
2	41	Amanda Viscardi	137	19	1	4:14.9	47:02	2:24.1	2	42:49.4	5:02	1:03.1	2	11:34.1	11:34	1:02:05.8

Female 20 to 24

Place		Name	Bib No	Age	Swim		Trans 1	Bike		Trans 2	Run		Total			
Overall	Rnk				Time	Pace		Rnk	Time		Pace	Rnk		Time	Pace	
1	31	Shannon Grosenbacher	161	21	1	5:32.2	61:29	1:58.4	1	35:47.9	4:13	1:10.0	1	9:42.7	9:42	54:11.4

Female 25 to 29

Place		Name	Bib No	Age	Swim		Trans 1	Bike		Trans 2	Run		Total			
Overall	Rnk				Time	Pace		Rnk	Time		Pace	Rnk		Time	Pace	
1	10	Alyse Bruszewski	38	27	1	5:07.2	56:51	1:27.7	1	30:03.4	3:32	0:45.1	1	10:22.7	10:22	47:46.2
2	26	Ashley Wittrig	152	26	2	5:28.9	60:44	2:08.7	2	34:15.1	4:02	0:43.6	2	10:28.1	10:28	53:04.5
3	46	Sarah Keel	78	27	3	5:38.2	62:36	2:27.9	3	40:29.5	4:46	0:53.2	3	21:34.3	21:34	1:11:03.3

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Ideal Beach Triathlon
Short Sprint Triathlon

Female 30 to 34

Place					----- Swim -----		Trans 1		----- Bike -----			Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	16	Leandra Reurink	102	30	2	5:47.7	64:16	2:07.9	1	29:56.7	3:31	0:42.7	2	10:47.5	10:47	49:22.7
2	27	Nicole Zimpleman	154	33	3	5:49.3	64:38	1:43.0	2	33:38.3	3:57	0:28.3	3	11:43.6	11:43	53:22.8
3	32	Lisa Allen	28	34	1	5:47.4	64:16	2:06.8	3	36:27.3	4:17	0:29.8	1	10:42.5	10:42	55:33.9

Female 35 to 39

Place					----- Swim -----		Trans 1		----- Bike -----			Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	9	Caroline Talmage	129	39	2	4:59.3	55:22	2:04.9	1	30:45.3	3:37	0:43.7	1	9:03.5	9:03	47:36.8
2	21	Tray Stimmel	167	36	3	6:30.9	72:13	2:00.1	2	31:14.1	3:40	0:41.0	2	11:20.8	11:20	51:47.2
3	30	laura helman	71	38	1	4:50.9	53:42	1:57.0	3	34:41.1	4:05	0:35.6	3	11:48.5	11:48	53:53.3

Female 40 to 44

Place					----- Swim -----		Trans 1		----- Bike -----			Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	20	Tiffany Russell-Hartman	108	40	1	4:43.4	52:24	1:44.9	1	33:46.5	3:58	0:25.3	2	10:52.1	10:52	51:32.4
2	25	Kristin Agostino	26	41	2	5:40.9	62:58	1:51.5	2	33:55.3	3:59	0:38.4	1	10:45.3	10:45	52:51.5
3	42	Gina Weeden	144	42	3	9:28.2	** :11	2:27.5	3	41:42.8	4:54	0:56.6	4	11:09.1	11:09	1:05:44.4
4	43	Kelly Barr	35	40	4	9:29.2	** :22	2:24.7	4	41:46.0	4:55	0:56.0	3	11:08.8	11:08	1:05:44.9

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Ideal Beach Triathlon
Short Sprint Triathlon

Female 45 to 49

Place					----- Swim -----		Trans 1	----- Bike -----			Trans 2	----- Run -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	12	Margaret Wake	185	47	2	6:39.5	73:53	3:52.2	1	27:09.9	3:12	0:06.4	1	10:56.6	10:56	48:44.7
2	23	Darlene Angel	29	47	1	5:38.7	62:36	2:14.6	2	31:38.8	3:43	0:23.3	2	11:53.7	11:53	51:49.3

Female 50 to 54

Place					----- Swim -----		Trans 1	----- Bike -----			Trans 2	----- Run -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	24	Carrie Nadolski	1	53	1	5:54.7	65:33	1:26.2	1	31:50.0	3:45	0:57.8	2	12:12.9	12:12	52:21.8
2	35	Judy VanderMaas	135	53	2	6:36.7	73:20	3:20.0	2	34:41.3	4:05	0:47.4	3	12:59.4	12:59	58:25.0
3	36	Tammy Gee	67	50	3	6:59.9	77:36	2:42.0	3	37:45.4	4:26	0:37.1	1	11:07.9	11:07	59:12.4

Female 65 to 69

Place					----- Swim -----		Trans 1	----- Bike -----			Trans 2	----- Run -----		Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	45	Donna Jepson	76	67	1	6:57.5	77:13	4:06.9	1	42:56.9	5:03	0:54.4	1	15:03.7	15:03	1:09:59.6

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Male Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>Pace</u>	<u>Trans 1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>Pace</u>	<u>Trans 2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Pace</u>	<u>Total</u> <u>Time</u>
1	1	Gregory Dichler	163	44	1	3:42.6	41:07	1:46.6	1	24:06.8	2:50	0:59.7	1	7:42.1	7:42	38:18.0
2	3	James Scheibelhut	110	61	3	5:03.2	56:07	1:48.2	2	26:55.4	3:10	1:03.8	3	10:38.1	10:38	45:28.8
3	4	Danny BALOS jr	34	41	2	4:11.4	46:29	1:35.1	3	30:37.2	3:36	0:17.3	2	8:56.3	8:56	45:37.6

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Male 14 and under

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Nick Smith	113	14	1	5:16.8	58:31	1:55.2	1	28:54.8	3:24	0:50.0	2	9:03.2	9:03	46:00.1
2	22	Colin Flanagan	63	12	2	6:30.6	72:13	1:32.1	2	34:08.2	4:01	0:57.0	1	8:41.0	8:41	51:49.2

Male 15 to 19

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	29	keegan canny	43	15	1	4:45.0	52:47	2:12.9	1	34:07.8	4:01	0:54.6	1	11:38.0	11:38	53:38.4

Male 30 to 34

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Casey Doeden	57	32	2	5:04.2	56:18	1:29.7	2	31:30.1	3:42	0:26.6	1	8:12.1	8:12	46:42.8
2	13	Dan Asleson	31	34	1	3:26.0	38:09	1:50.6	1	31:18.1	3:41	0:17.4	3	11:58.0	11:58	48:50.2
3	39	Tim Sheets	157	34	3	6:01.9	66:51	1:57.1	3	40:51.1	4:48	0:34.8	2	11:33.9	11:33	1:00:59.0

Male 35 to 39

Place			----- Swim -----			Trans 1	----- Bike -----			Trans 2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	37	Jeremy Clark	47	39	1	7:55.7	87:58	4:08.2	1	34:35.9	4:04	0:31.6	1	12:27.0	12:27	59:38.5

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Male 40 to 44

Place					----- Swim -----		Trans 1		----- Bike -----			Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Rob Morris	94	41	1	4:09.0	46:07	2:18.0	2	33:47.8	3:58	0:37.5	2	9:35.7	9:35	50:28.1
2	28	Rick Vernier	136	40	2	6:00.6	66:40	2:19.2	3	35:16.7	4:09	1:23.5	1	8:25.7	8:25	53:25.9
3	33	Kevin Strite	126	40	3	6:41.0	74:16	2:36.1	1	32:52.0	3:52	0:21.1	3	13:34.3	13:34	56:04.7

Male 45 to 49

Place					----- Swim -----		Trans 1		----- Bike -----			Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	John Ball	33	48	1	4:21.9	48:20	1:47.7	1	28:53.0	3:24	0:54.1	2	12:19.4	12:19	48:16.3
2	19	Brian Williams	150	49	3	5:58.7	66:18	3:04.7	2	31:43.5	3:44	0:36.5	1	9:57.0	9:57	51:20.6
3	38	paul groves	69	45	2	5:33.3	61:40	3:16.1	3	34:36.6	4:04	1:53.1	3	14:31.7	14:31	59:51.0

Male 50 to 54

Place					----- Swim -----		Trans 1		----- Bike -----			Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	15	thom canny	44	52	2	4:43.9	52:24	2:32.3	2	32:12.9	3:47	0:35.8	1	8:54.0	8:54	48:59.1
2	18	Roger Powers	98	54	1	4:11.6	46:29	2:04.3	1	32:11.3	3:47	1:14.4	3	11:04.3	11:04	50:46.0
3	40	James Thurston	156	54	3	7:18.3	81:07	4:25.9	3	38:21.2	4:31	0:36.6	2	10:42.1	10:42	1:01:24.2